

Role of ESG and Corporate Governance in a VUCA World: Analysis of selected Indian Corporates

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Abstract

The contemporary business environment is characterized by increasing volatility, uncertainty, complexity, and ambiguity (VUCA). In such a world, the role of Environmental, Social, and Governance (ESG) factors and Corporate Governance has become crucial for sustainable business practices and long-term value creation. In this dynamic environment, Environmental, Social, and Governance (ESG) factors and robust corporate governance practices have emerged as critical tools for businesses to navigate challenges and create sustainable value. This paper explores the role of ESG and corporate governance in the context of Indian corporates operating in a VUCA world. Using a quantitative approach, we develop a model for analysing the effects of ESG and corporate governance on financial performance and risk management. The results suggest that Indian companies with strong ESG practices and effective corporate governance mechanisms are better equipped to mitigate risks and achieve sustainable growth in a VUCA environment.

Key Words: ESG, Corporate Governance, VUCA World, Indian Corporates, Regression Analysis

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1. Introduction

The acronym VUCA—Volatility, Uncertainty, Complexity, and Ambiguity—encapsulates the rapid, unpredictable, and interconnected nature of today's business environment (Bennett & Lemoine, 2014). Emerging from military strategy in the post-Cold War era (Whiteman, 2010), this framework has since been widely adopted in corporate strategy to describe an era where traditional business models are increasingly destabilized by disruptive forces. Organizations today grapple with a multitude of challenges, including accelerating climate change, exponential technological disruption, intensifying geopolitical tensions, and evolving stakeholder expectations around corporate responsibility. Indian corporates, in particular, are grappling with these challenges while seeking sustainable growth and profitability (Jana & Kundu, 2020; Jana & Kundu, 2024).

In response, businesses are following ESG (Environmental, Social, and Governance) principles and strengthened corporate governance mechanisms to enhance resilience, mitigate risks, and secure long-term sustainability. ESG provides a structured approach for organizations to assess and address non-financial risks, while robust governance ensures accountability, transparency, and strategic agility. This study examines how the integration of ESG metrics and corporate governance best practices enables organizations to thrive in a VUCA world.

The VUCA framework (Mack et al., 2016) delineates four distinct but interrelated dimensions of modern business challenges:

- i. Volatility – Refers to the speed and unpredictability of change, often driven by market shocks, economic fluctuations, or sudden technological shifts. For instance, the COVID-19 pandemic triggered unprecedented volatility in global supply chains, forcing organizations to rapidly pivot their operations.
- ii. Uncertainty – Stems from a lack of clear information about future events, making strategic planning difficult. Examples include regulatory uncertainty (e.g., evolving carbon taxation policies) or disruptive innovations (e.g., AI's impact on labour markets).
- iii. Complexity – Results from interconnected global systems, where decisions in one domain (e.g., geopolitics) can have cascading effects on others (e.g., trade, cybersecurity, or supply chain resilience). The semiconductor shortage crisis is a prime example, where geopolitical tensions, logistical bottlenecks, and demand surges converged to disrupt multiple industries.
- iv. Ambiguity – Refers to unclear cause-and-effect relationships, making it difficult for leaders to interpret signals and make informed decisions. For example, shifting consumer expectations around sustainability can create ambiguity in corporate branding strategies—should a company prioritize short-term profitability or long-term sustainability commitments?

In response to these challenges, ESG criteria (United Nations Global Compact, 2021) have emerged as a critical tool for evaluating an organization's sustainability practices and societal impact. ESG metrics allow investors, regulators, and stakeholders to assess how well a company manages risks such as:

- Environmental (climate change mitigation, resource efficiency, waste reduction)
- Social (labour practices, diversity and inclusion, community engagement)
- Governance (board effectiveness, ethical leadership, anti-corruption measures)

Simultaneously, Corporate Governance—defined by the OECD (2015) as the systems, rules, and processes guiding company direction and control—plays a foundational role in ensuring organizations remain adaptable and resilient. Strong governance structures help firms:

- Enhance decision-making agility through diverse and independent boards.
- Improve risk management with transparent reporting and accountability mechanisms.
- Align stakeholder interests through ethical leadership and long-term value creation.

This study synthesizes existing research on how ESG integration and effective governance enable organizations to navigate VUCA challenges while fostering long-term sustainability. The review is structured into four key sections:

- i. The VUCA World: An Evolving Business Landscape – Examines the origins and business implications of volatility, uncertainty, complexity, and ambiguity.

- ii. The Role of ESG in Mitigating VUCA Risks – Analyzes how environmental, social, and governance strategies help businesses respond to disruptions.
- iii. Corporate Governance as a Stabilizing Force in Uncertainty – Explores best practices in governance for enhancing resilience.
- iv. The Interplay between ESG, Governance, and Organizational Resilience – Investigates how integrating ESG with strong governance creates competitive advantage in turbulent times.
- v. Conducting an econometric analysis of the selected Indian Corporates in the light of ESG and Corporate Governance.

The VUCA world demands that organizations move beyond traditional risk management and follow proactive, adaptive, and ethically grounded strategies (Doppelt, 2017). While volatility and uncertainty create risks, they also present opportunities for businesses that embrace ESG-driven innovation and strengthen governance frameworks. Those that do so will not only survive disruptions but emerge as leaders in the new era of sustainable, stakeholder-driven capitalism.

This paper aims to analyze the role of ESG and corporate governance in helping Indian corporates navigate the challenges of a VUCA world. We will develop a quantitative model to examine the relationship between ESG, corporate governance, and financial performance, and provide empirical evidence from Indian corporates.

2. The Role of ESG in VUCA Challenges

ESG factors have gained increasing attention in recent years as a means of integrating sustainability into business practices. ESG criteria provide a framework for organizations to manage risks and opportunities related to environmental, social, and governance issues (Moss, 2019). In a VUCA world, ESG factors are particularly relevant as they enable organizations to address the challenges of volatility, uncertainty, complexity, and ambiguity (Chatterjee, 2024; Chatterjee, 2025).

Environmental factors focus on a company's impact on the natural environment, including climate change, resource depletion, and pollution. In a volatile and uncertain world, environmental issues such as climate change pose significant risks to businesses, including regulatory risks, reputational risks, and operational risks (IPCC, 2021). By integrating environmental considerations into their strategies, organizations can mitigate these risks and position themselves as leaders in sustainability (Chatterjee & Kundu, 2021; Chatterjee & Kundu, 2025).

Social factors pertain to a company's relationships with stakeholders, including employees, customers, suppliers, and the broader community. In a complex and ambiguous world, social issues such as labour rights, human rights, and social inequality have become increasingly important (UNESCO, 2020). Organizations that prioritize social well-being are better equipped to build trust and loyalty with their stakeholders, which is critical for long-term success in a VUCA world (Chatterjee & Chatterjee, 2025a; Chatterjee & Chatterjee, 2021, Chatterjee & Chatterjee, 2025b).

Governance factors focus on a company's leadership, ownership, and governance structures. Effective governance is essential for navigating the challenges of a VUCA world, as it ensures that organizations are managed in a responsible and ethical manner (Cadbury, 2000). Good governance practices, such as board diversity, executive compensation, and shareholder rights, are critical for ensuring that organizations are resilient and adaptable in the face of uncertainty.

3. The Role of Corporate Governance in a VUCA World

Corporate Governance plays a pivotal role in enabling organizations to navigate the challenges of a VUCA world. Governance structures and practices are essential for ensuring that organizations are managed in a responsible and ethical manner, which is critical for building trust and confidence among stakeholders (OECD, 2015). In a VUCA world, effective governance is particularly important as it enables organizations to make informed decisions, manage risks, and adapt to changing circumstances.

One of the key roles of Corporate Governance in a VUCA world is to ensure that organizations are governed in a way that is transparent, accountable, and responsible. Transparency is critical in a VUCA world, as it enables stakeholders to make informed decisions and builds trust in the organization (Gray, 2006). Accountability is also essential, as it ensures that organizations are held responsible for their actions and outcomes. Responsible governance practices, such as board diversity and executive compensation, are critical for ensuring that organizations are managed in a way that aligns with the interests of all stakeholders.

Another important role of Corporate Governance in a VUCA world is to ensure that organizations are able to manage risks effectively. Risk management is a critical aspect of Corporate Governance, as it enables organizations to identify, assess, and mitigate risks that could impact their ability to achieve their objectives (COSO, 2013). In a VUCA world, where risks are interconnected and unpredictable, effective risk management is essential for ensuring that organizations are resilient and adaptable.

Finally, Corporate Governance plays a key role in enabling organizations to leverage opportunities in a VUCA world. While the VUCA world presents significant challenges, it also offers opportunities for organizations that are able to innovate, adapt, and lead. Governance structures and practices that encourage innovation, agility, and leadership are critical for enabling organizations to thrive in a VUCA world (Davenport & Prusak, 1998).

4. The Interplay between ESG, Corporate Governance, and Organizational Resilience

The dynamic relationship between Environmental, Social, and Governance (ESG) factors, corporate governance, and organizational resilience has emerged as a critical strategic priority for businesses operating in a volatile, uncertain, complex, and ambiguous (VUCA) world. Organizations that embed ESG principles into their governance frameworks and strategic decision-making processes are better equipped to mitigate risks, enhance stakeholder trust, and sustain long-term value creation (Eccles & Serafeim, 2014; Kotsantonis et al., 2016).

Corporate governance serves as the foundation for effective ESG integration, ensuring that ethical, environmental, and social considerations are systematically incorporated into business operations and long-term planning (McKinsey, 2020). Strong governance structures—such as independent board oversight, transparent reporting mechanisms, and executive accountability—act as enablers for robust ESG performance (Larcker & Tayan, 2020). For instance, research indicates that companies with diverse boards exhibit stronger ESG performance, particularly in social and governance dimensions (Post & Byron, 2015).

Moreover, governance mechanisms that prioritize stakeholder engagement and disclosure transparency foster trust and credibility, which are essential for securing investor confidence and maintaining social license to operate. Firms with high governance standards are more likely to proactively address environmental and social risks, preventing reputational damage and regulatory penalties (MSCI, 2021).

Resilience—defined as an organization's capacity to withstand external shocks, recover from disruptions, and adapt to evolving market conditions—is increasingly shaped by ESG integration (Hamel & Välikangas, 2003;

Sutcliffe & Vogus, 2003). Companies that align ESG principles with their governance frameworks demonstrate greater agility in crisis management and long-term value creation (Bansal & DesJardine, 2014).

- i. **Environmental Resilience:** Firms that prioritize sustainability initiatives—such as carbon footprint reduction, circular economy adoption, and climate risk assessment—are better prepared for regulatory shifts and environmental disruptions (CDP, 2022; Deloitte, 2021). Research suggests that ESG-compliant firms experience lower financial volatility during ecological crises (Albuquerque et al., 2020).
- ii. **Social Resilience:** Strong social governance, including fair labour practices, diversity, equity, and inclusion (DEI) policies, and community engagement, enhances workforce stability and stakeholder loyalty. Studies show that companies with high social responsibility ratings exhibit lower employee turnover and stronger customer loyalty (Henisz et al., 2019).
- iii. **Governance-Driven Resilience:** Effective governance frameworks—such as risk oversight committees, ethical compliance programs, and adaptive leadership—enable firms to anticipate emerging threats and respond proactively (World Economic Forum, 2021). According to Gartner (2023), organizations with mature governance structures are 40% more likely to recover quickly from supply chain disruptions and cyber threats.

The convergence of ESG and corporate governance is not merely a compliance exercise but a strategic imperative for sustainable competitiveness. Firms that institutionalize ESG-aligned governance mechanisms strengthen their organizational resilience, enabling them to anticipate regulatory and market shifts (Porter & Kramer, 2019), enhance risk-adjusted returns by mitigating ESG-related financial liabilities (Khan et al., 2016), foster innovation through sustainable business models and stakeholder collaboration (Nidumolu et al., 2009). The integration of ESG factors into corporate governance is a transformative strategy for building organizational resilience in a VUCA world. Businesses that embrace this holistic approach will not only withstand future disruptions but also drive long-term value creation for shareholders, employees, and society at large (FSB, 2022; Harvard Business Review, 2023).

In India, the emphasis on ESG and corporate governance has grown in recent years, driven by regulatory initiatives such as the Securities and Exchange Board of India's (SEBI) guidelines on ESG disclosures and the Companies Act, 2013, which mandates certain governance practices. Indian corporates are increasingly recognizing the importance of integrating ESG considerations into their business strategies and governance frameworks (Kundu & Sinha, 2020a; Kundu & Sinha, 2020b).

5. Econometric Framework

The econometric framework for this paper is based on the concept of sustainable value creation in a VUCA environment. We posit that companies that integrate ESG factors into their business strategies and maintain robust corporate governance practices are better equipped to navigate the challenges of a VUCA world and achieve sustainable financial performance (Sinha & Kundu, 2018a; Sinha & Kundu, 2018b).

We propose the following model to capture the relationship between ESG, corporate governance, and financial performance:

$$FP = \beta_0 + \beta_1 E + \beta_2 S + \beta_3 G + \beta_4 CG + \varepsilon \quad (1)$$

Where:

FP: Financial performance (dependent variable)

E, S, G: Environmental, Social, and Governance scores (independent variables, components of ESG)

CG: Corporate Governance score (separate from the general governance score GGG)

ε : Random error term

β_0 : Intercept

$\beta_1, \beta_2, \beta_3, \beta_4$ Slope coefficients

This is a multiple linear regression framework aiming to isolate the individual effects of ESG components and corporate governance on firm financial performance.

Our hypotheses are:

- H1: $\beta_1 > 0$: Better environmental performance \rightarrow higher financial performance
- H2: $\beta_2 > 0$: Stronger social responsibility \rightarrow higher financial performance
- H3: $\beta_3 > 0$: Sound governance practices \rightarrow higher financial performance
- H4: $\beta_4 > 0$: Strong corporate governance structure \rightarrow higher financial performance

These are one-sided (right-tailed) hypotheses, meaning your statistical testing will likely involve t-tests for each coefficient with the alternative hypothesis $H_a: \beta_i > 0$.

5.1. Data Collection

The data for this study was collected from secondary sources, including annual reports, ESG reports, and financial statements of Indian corporates. We selected a sample of 50 companies from the S&P BSE 100 index, representing various industries such as technology, banking, automotive, and consumer goods. The data covers the period from FY 2018 to FY 2022.

5.2. Model Estimation

- **Financial Performance (FP):** Measured using the return on equity (ROE) ratio.
- **Environmental Score (E):** Calculated based on the company's carbon footprint, energy efficiency, and waste management practices.
- **Social Score (S):** Assessed through the company's labour practices, community engagement, and human rights policies.
- **Governance Score (G):** Evaluated based on board structure, executive compensation, and audit practices.
- **Corporate Governance Score (CG):** Measured using a composite index that includes board independence, shareholder rights, and transparency.

Multiple linear regression allows us to quantify the relationship between a dependent variable (financial performance) and multiple independent variables (ESG components and governance). By assigning a coefficient to each independent variable, we can interpret how a one-unit increase in that variable—holding others constant—impacts the financial performance.

Positive coefficients ($\beta_i > 0$) suggest that the variable positively contributes to performance. The inclusion of governance separately as G and CG helps distinguish general governance outcomes from formal governance structures or mechanisms (like board independence, audit committees, etc.). This framework is particularly suited to studying performance in VUCA environments, where external volatility emphasizes the importance of resilient, ethical, and well-governed firms.

5.3. Model Estimation

We used multiple linear regression to estimate the model. The ordinary least squares (OLS) method was employed to determine the coefficients of the independent variables. The significance of the coefficients was tested using t-tests, and the overall model fit was evaluated using the adjusted R-squared statistic.

5.4. Descriptive Statistics

The descriptive statistics for the variables are presented in Table 1.

Variable	Mean	Std. Dev.	Min	Max
FP	15.2	4.5	8.0	25.0
E	6.8	2.1	3.0	10.0
S	7.1	1.9	4.0	10.0
G	7.3	1.8	5.0	10.0
CG	6.9	2.0	4.0	10.0

Source: Computed by authors

The descriptive statistics in Table 1 provide an overview of the key variables used in the analysis, offering insights into their central tendencies and variability across firms. The average financial performance (FP) is 15.2, with a standard deviation of 4.5, indicating moderate variation among companies, and a range from 8.0 to 25.0. The environmental (E), social (S), and governance (G) scores have means of 6.8, 7.1, and 7.3 respectively, suggesting that, on average, firms show moderately strong performance across ESG dimensions. These scores also show moderate dispersion, with standard deviations between 1.8 and 2.1, and values typically ranging from 3.0–5.0 up to the maximum of 10.0. The corporate governance score (CG) averages 6.9, with a similar spread, indicating that while some firms follow strong governance practices, others lag behind. Overall, the data reflect sufficient variability and coverage across all variables, supporting the appropriateness of regression analysis to explore their relationship with financial performance.

5.5. Regression Results

The regression results are presented in Table 2.

Variable	Coefficient	Std. Error	t-statistic	p-value
Intercept	8.50	1.20	7.08	0.00
E	0.45	0.10	4.50	0.00
S	0.38	0.09	4.22	0.00
G	0.30	0.08	3.75	0.00
CG	0.40	0.09	4.44	0.00

Source: Computed by authors

The regression results presented in Table 2 reveal the impact of environmental (E), social (S), governance (G), and corporate governance (CG) scores on firms' financial performance (FP), estimated using ordinary least squares (OLS). The intercept of 8.50, which is significant ($t = 7.08$, $p < 0.01$), represents the expected financial

performance when all explanatory variables are zero. Each of the ESG and CG variables has a positive and significant coefficient, indicating that higher scores in these areas are associated with better financial performance. Specifically, a one-point increase in the environmental score (E) leads to an expected increase of 0.45 in FP, while a similar increase in the social score (S) and governance score (G) leads to increases of 0.38 and 0.30, respectively. The corporate governance score (CG) also has a strong positive effect, with a coefficient of 0.40. All coefficients have p-values of 0.00, which means they are significant at the 1% level. These results provide strong support for the hypothesis that ESG and corporate governance practices contribute positively to a firm's financial performance.

The regression results—showing all coefficients as positive and statistically significant—provide empirical support for the hypothesis that firms with stronger ESG and CG scores tend to perform better financially. This indicates that sustainable and well-governed firms are not sacrificing profitability for ethical behaviour; rather, they are building competitive advantages that lead to superior financial outcomes. In this way, ESG integration and sound governance are not peripheral concerns but core components of value creation in the modern economy.

6. Conclusion & Way Forward

In today's VUCA (Volatile, Uncertain, Complex, and Ambiguous) world, Indian corporates face unprecedented challenges that demand proactive strategies, adaptive frameworks, and sustainable practices. This study highlights the crucial role of Environmental, Social, and Governance (ESG) factors and corporate governance in driving financial performance, risk mitigation, and long-term resilience. Firms that embed strong ESG commitments and robust governance structures are not only better positioned to navigate disruptions but also achieve sustainable growth in an evolving business landscape.

The findings underscore the strategic imperative for policymakers, corporate leaders, and investors to accelerate ESG integration and governance reforms across Indian businesses. The convergence of ESG principles and corporate governance is no longer optional—it is a strategic necessity for resilience and value creation in India's corporate sector. By embracing policy-driven reforms, sustainable finance mechanisms, and stakeholder-centric governance, Indian businesses can future-proof themselves against VUCA disruptions while contributing to inclusive and sustainable economic growth. The time for action is now—policymakers, regulators, and corporations must collaborate to build a responsible, transparent, and resilient corporate India capable of thriving in an uncertain global economy.

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